

Middle

AUGUST 2023

LIFE TIME FOUNDATION



MON TUE WED THU FRI

	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>
<p>7</p> <p>Bagel & Cream Cheese</p> <hr/> <p>Chicken Drumstick Dinner Roll</p> <p>Steamed Corn</p> <p>Fresh Watermelon</p>	<p>8</p> <p>Fruit & Yogurt Parfait</p> <p>Granola w/ Walnuts</p> <hr/> <p>Make-Your-Own Cheesy Beef Meatball Sub</p>	<p>9</p> <p>Oatmeal Apple Muffin</p> <p>String Cheese</p> <hr/> <p>Grilled Cheese</p> <p>Tomato Soup</p>	<p>10</p> <p>Turkey Sausage Biscuit Breakfast Sandwich</p> <hr/> <p>Chili Cheese Nachos</p> <p>Black Beans</p>	<p>11</p> <p>Mini Waffles</p> <hr/> <p>Homemade Pepperoni, Cheese, & Veggie Pizza</p>
<p>14</p> <p>Oatmeal Chocolate Breakfast Bar</p> <hr/> <p>Teriyaki Chicken with Brown Rice</p>	<p>15</p> <p>French Toast Yogurt Parfait</p> <hr/> <p>Chicken Pot Pie</p>	<p>16</p> <p>Banana Chocolate Chip Muffin</p> <p>String Cheese</p> <hr/> <p>Chicken Nuggets</p> <p>Dinner Roll</p>	<p>17</p> <p>Fruit & Yogurt Smoothie</p> <p>Graham Crackers</p> <hr/> <p>Bean Tostada</p> <p>Spanish Rice</p>	<p>18</p> <p>Breakfast Bagel Sandwich</p> <hr/> <p>Cheeseburger</p> <p>Oven Fries</p>
<p>21</p> <p>Turkey Sausage Breakfast Burrito</p> <hr/> <p>Beef Strips</p> <p>Dinner Roll</p> <p>Mashed Potatoes & Gravy</p>	<p>22</p> <p>Fruit & Yogurt Parfait</p> <p>Granola w/ Walnuts</p> <hr/> <p>Taco Salad</p>	<p>23</p> <p>Hummingbird Muffin</p> <p>String Cheese</p> <hr/> <p>Chicken Corn Dog</p> <p>Baked Beans</p>	<p>24</p> <p>Chorizo Con Papas with Tortilla</p> <hr/> <p>Chicken Patty Sandwich</p> <p>Tater Tots</p>	<p>25</p> <p>Cinnamon Roll</p> <hr/> <p>Homemade Pepperoni, Cheese, & Veggie Pizza</p>
<p>28</p> <p>Bagel & Cream Cheese</p> <hr/> <p>Chicken Quesadilla</p> <p>Cheese Quesadilla</p> <p>Pinto Beans</p>	<p>29</p> <p>French Toast Yogurt Parfait</p> <hr/> <p>Rotini Pasta & Meat Sauce</p> <p>Roasted Baby Carrots</p>	<p>30</p> <p>Cranberry Orange Muffin</p> <p>String Cheese</p> <hr/> <p>Popcorn Chicken</p> <p>Dinner Roll</p> <p>Cheesy Broccoli</p>	<p>31</p> <p>Turkey Sausage Biscuit Breakfast Sandwich</p> <hr/> <p>Pull Apart Breadsticks</p> <p>Homemade Marinara</p>	<p>Did you know?</p> <p>Osborn has bakers in all of our kitchens to bake our buns, rolls, and muffins</p>

ANNOUNCEMENTS

Daily Breakfast

Breakfast Special
Assorted Cereal
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Garden Salad Bar
1% or Skim Milk

Vegetarian Fish Poultry Beef
We serve a pork-free menu

National Watermelon Day - celebrating August 7th with delicious locally grown watermelon!



MEAL PRICES

Osborn Students:
All at no cost
Adults/Visitors:
Breakfast \$2.75
Lunch \$4.75
Cash/Check Accepted

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020