

Snack

MAY 2024



MON	TUE	WED	THU	FRI
<p>Have you tried hummus?</p> <p>It's a delicious and creamy dip/spread and a great source of fiber, protein and heart-healthy fats!</p>		1 Chocolate Tiger Grahams Fruit Cup	2 Strawberry & Yogurt Chex Mix Fruit Juice	3 Cinnamon Crisps String Cheese
6 Strawberry Snack Bar Milk	7 Goldfish Crackers Fresh Fruit	8 Graham Crackers Fruit Cup	9 Cheez It Crackers Fruit Juice	10 Animal Crackers String Cheese
13 Scooby Snack Crackers Milk	14 Pretzels Fresh Fruit	15 Chocolate Tiger Grahams Fruit Cup	16 Strawberry & Yogurt Chex Mix Fruit Juice	17 Cinnamon Crisps String Cheese
20 Strawberry Snack Bar Milk	21 Goldfish Crackers Fresh Fruit	22 Graham Crackers Fruit Cup	23 Cheez It Crackers Fruit Juice	<p>SCHOOL LUNCH HERO DAY</p> <p>HELL☀️ Summer</p>

ANNOUNCEMENTS

May is...

National Salsa Month!

May 13th National Hummus Day

MEAL PRICES

Osborn Students:
All at no cost

Adults/Visitors:
Breakfast \$2.75 Lunch \$4.75
Cash/Check Accepted

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020

Mango Tango Black Bean Salsa

Ingredients:
1 mango, 1/4 c. onion, finely chopped, 1/4 c. fresh cilantro, coarsely chopped, 1 (15 oz.) can black beans, drained and rinsed, 2 T. lime juice, 1 (7 oz.) can whole kernel corn with peppers, drained, 1 tsp. garlic salt, and 1/4 tsp. ground cumin.



Directions:
Wash and peel the mango, then cut in half length wise. Throw away the seed. Cut into 3/4-inch cubes. In a medium bowl, combine all ingredients and mix well. Refrigerate until ready to use. Serve with tortilla chips.