

Snack

MAY 2025



LIFE TIME
FOUNDATION



MON

TUE

WED

THU

FRI

Have you tried hummus?

It's a delicious and creamy dip/spread and a great source of fiber, protein and heart-healthy fats!

5

Scooby Snack Crackers
Milk

6

Pretzels
Fresh Fruit

7

Tiger Chocolate
Graham Crackers
Fruit Cup

1

Cheez Its
Apple Juice

8

Strawberry Chex mix
Apple Juice

2

Animal Crackers
String Cheese

9

Cinnamon Crisps
Cheese Stick

12

Strawberry Snack Bar
Milk

13

Goldfish Crackers
Fresh Fruit

14

Honey Graham
Crackers
Fruit Cup

15

Cheez Its
Apple Juice

16

Animal Crackers
String Cheese

19

Scooby Snack Crackers
Milk

20

Pretzels
Fresh Fruit

21

Tiger Chocolate
Graham Crackers
Fruit Cup

22

Strawberry Chex mix
Apple Juice

LAST DAY

HELL
Summer

Mango Tango Black Bean Salsa

Ingredients:

1 mango, 1/4 c. onion, finely chopped, 1/4 c. fresh cilantro, coarsely chopped, 1 (15 oz.) can black beans, drained and rinsed, 2 T. lime juice, 1 (7 oz.) can whole kernel corn with peppers, drained, 1 tsp. garlic salt, and 1/4 tsp. ground cumin.



Directions:

Wash and peel the mango, then cut in half length wise. Throw away the seed. Cut into 3/4-inch cubes. In a medium bowl, combine all ingredients and mix well. Refrigerate until ready to use. Serve with tortilla chips.

DAILY OPTIONS

Breakfast

Breakfast Special
Whole Grain Cereal
with Graham Crackers
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk



Vegetarian



Fish



Poultry



Beef

We serve a pork-free menu

May is...



National Salsa Month!

May 13th National Hummus Day



MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN
HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn