

# Middle

# October 2025



MON

TUE

WED

THU

FRI

## taste the world: your school lunch passport!

National School Lunch Week | October 13-17, 2025

1 Fluffy Blueberry Baked Pancake  
Chicken Wings  
Dinner Roll  
Celery Sticks  
Pozole Soup

2 Mini Maple Pancakes  
Walking Taco  
Baby Carrots

3 French Toast Breakfast Bar  
Crispy Chicken Sandwich  
Baked Beans



# Fall Break



13 **INDIGENOUS PEOPLES' DAY**  
Bagel & cream Cheese  
Mozzarella Sticks with Marinara Sauce  
Parmesan Roasted Broccoli

14 Strawberry Yogurt Parfait  
Chicken Tikka Masala with Basmati Rice  
Garlic Green Beans

15 Cranberry Orange Muffin String Cheese  
Swedish Meatballs with Pasta  
Bean Salad

16 Chorizo Con Papas with Tortilla  
Veggie Ramen Bowl  
Roasted Corn and Carrots

17 Snack N' Waffle  
Turkey and Cheese Croissant Sandwich  
Rosemary Oven Fries

20 Oatmeal Chocolate Breakfast Bar  
Chicken Tamale String Cheese  
Calabacitas

21 Green Goblin Smoothie  
Honey Graham Crackers  
Bean and Cheese Burrito  
Elote

22 Zucchini Bread Muffin String Cheese  
Beef Hot Dog  
Baby Carrots  
Chicken Chili Soup

23 Biscuit Breakfast Sandwich  
Beef & Broccoli  
Brown Rice  
Sesame Cucumber Salad

24 Whole Grain Donut Bites  
Fish Nuggets  
Black Beans

27 Homemade Egg & Cheese Taco  
Orange Chicken and Rice  
Edamame Beans

28 Chocolate Strawberry Overnight Oats  
Chicken Alfredo Pasta  
Broccoli

29 Chocolate Cranberry Muffin String Cheese  
Chicken Nuggets and Dinner Roll  
Baby Carrots  
Pozole Soup

30 Jalapeno Cheddar Egg Bites  
Breakfast for Lunch Hashbrowns

31 **HAPPY HALLOWEEN**  
Banana Chocolate Breakfast Bar  
Cheeseburger Farmers Market Bruschetta  
Halloween Treat

## DAILY OPTIONS

### Breakfast

Breakfast Special  
Whole Grain Cereal with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

### Rotating 3rd Entrée

Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

### Lunch

Lunch Special  
Peanut Butter & Jelly Sandwich\*  
SunButter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Garden Salad Bar  
1% or Skim Milk

\*We serve a pork-free menu\*



We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef



## October is...

October 13-17 - National School Lunch Week  
National Pumpkin Month

## MEAL PRICES

### Osborn Students:

All complete meals at no cost  
Milk \$0.50

### Adults/Visitors:

Breakfast \$2.75  
Lunch \$4.75

\*Cash/Check Accepted\*

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn