

Pre-K

October 2025



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taste the world:
your school lunch passport!

National School Lunch Week | October 13-17, 2025

1 Hummingbird Muffin
Chicken Corn Dog
Calabacitas
Pozole Soup

2 Mini Maple Pancakes
Walking Taco
Baby Carrots
Applesauce

3 French Toast
Breakfast Bar
Crispy Chicken
Sandwich
Baked Beans
Diced Peaches



Fall Break



13 **INDIGENOUS PEOPLES' DAY**
Bagel & cream Cheese
Mozzarella Sticks with
Marinara Sauce
Parmesan Roasted Broccoli
Mixed Fruit

14 Strawberry Yogurt
Parfait
Chicken Tikka Masala
with Basmati Rice
Garlic Green Beans
Diced Pears

15 Maria's Sweet
Vanilla Muffin
Swedish Meatballs
with Pasta
Bean Salad
Pineapple

16 Turkey Sausage
Pancake Wrap
Veggie Ramen Bowl
Roasted Corn and
Carrots
Diced Peaches

17 Snack N' Waffle
Turkey and Cheese
Croissant Sandwich
Rosemary Oven
Fries
Applesauce

20 Oatmeal Chocolate
Breakfast Bar
Boneless Chicken Wings
Dinner Roll
Celery
Applesauce

21 Cinnamon Bun
Bean and Cheese
Burrito
Elote
Diced Pears

22 Zucchini Bread Muffin
Chicken Tenders
Baby Carrots
Chicken Chili Soup

23 Mini Blueberry Waffles
Beef & Broccoli
Brown Rice
Sesame Cucumber Salad
Mixed Fruit

24 Whole Grain
Donut Bites
Fish Nuggets
Black Beans
Diced Peaches

27 Mini Cinni's
Orange Chicken
and Rice
Edamame Beans
Pineapple

28 Chocolate Strawberry
Overnight Oats
Chicken Alfredo Pasta
Broccoli
Mixed Fruit

29 Chocolate Cranberry
Muffin
Chicken Nuggets
Baby Carrots
Pozole Soup

30 Cheddar Egg Bites
Breakfast for Lunch
Hashbrowns
Applesauce

31 **HAPPY HALLOWEEN**
Banana Chocolate
Breakfast Bar
Hamburger
Farmers Market Bruschetta
Diced Peaches
Halloween Treat

DAILY OPTIONS

Breakfast

Breakfast Special
Seasonal Whole Fresh
Fruit
or 100% Fruit Juice
1% or Skim Milk

Lunch

Lunch Special
Peanut Butter & Jelly
Sandwich
Sunbutter & Jelly
Sandwich
Fresh Fruit Variety
Garden Salad
Seasonal Vegetable
1% or Skim Milk



Preschool will be served
family style when possible
to align with curriculum.

We serve a pork-free menu

Mixed Fruit is a combo of pears,
peaches, and pineapple.



We proudly source
Arizona-grown produce,
beef, and more. Look for
this label to spot local
items!

Vegetarian Fish Poultry Beef



October is...

October 13- 17 - National School Lunch Week
National Pumpkin Month

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN
HERE!



Menu items may change due to
availability. This institution is an equal
opportunity provider. Questions?
Call the Child Nutrition Office
at 602-707-2020



@nutriliciousosborn