

MON	TUE	WED	THU	FRI
<p>HELLO September</p> <p>September is  National Potato Month!</p> <p>Potatoes are a good source of fiber to keep us full and vitamin C to keep us healthy! They are also high in a nutrient called potassium, an electrolyte which aids in the working of our heart, muscles, and nervous system.</p>				
<p>4</p> <p>HAPPY LABOR DAY!</p> <p>USA</p>	<p>5</p> <p>Oatmeal Chocolate Breakfast Bar</p> <p> National Cheese Pizza Day</p> <p>Buffalo Roasted Cauliflower Peaches </p>	<p>6</p> <p>Zucchini Bread Muffin String Cheese</p> <p>Beef Hot Dog Baked Beans Mandarin Oranges </p>	<p>7</p> <p>Turkey Sausage Pancake Sandwich </p> <p>Macaroni and Cheese Steamed Broccoli Mixed Fruit </p>	<p>8</p> <p>Mini Waffles</p> <p>Breakfast for Lunch Hash Browns Pears </p>
<p>11</p> <p>Oatmeal Chocolate Breakfast Bar</p> <p>Orange Chicken Brown Rice Edamame beans Pineapple</p>	<p>12</p> <p>Turkey Sausage Pancake Wrap </p> <p>Chicken Alfredo Pasta Roasted Broccoli Mixed Fruit</p>	<p>13</p> <p>Chocolate Cranberry Muffin & String Cheese</p> <p>Chicken Nuggets Dinner Roll Baby Carrots Strawberry Cup</p>	<p>14</p> <p>Cinnamon Bun</p> <p>Bean and Cheese Burrito Elote Corn Applesauce </p>	<p>15</p> <p>Assorted Cereal Graham Crackers</p> <p>Cheeseburger Tater Tots Pears </p>
<p>18</p> <p>Bagel & Cream Cheese</p> <p>Chicken Drumstick Dinner Roll Steamed Corn Applesauce</p>	<p>19</p> <p>Yogurt & Graham Crackers</p> <p>Make-Your-Own Cheesy Beef Meatball Sub Steamed Broccoli Peaches </p>	<p>20</p> <p>Oatmeal Apple Muffin String Cheese</p> <p>Grilled Cheese Tomato Soup Pineapple </p>	<p>21</p> <p>Turkey Sausage Pancake Sandwich </p> <p>Chili Cheese Nachos Black Beans Mixed Fruit </p>	<p>22</p> <p>Mini Waffles</p> <p>Homemade Cheese Pizza Baby Carrots Strawberry Cup</p>
<p>25</p> <p>Oatmeal Chocolate Breakfast Bar</p> <p>Chicken Egg Roll & Yakisoba Noodles Roasted Broccoli Pears </p>	<p>26</p> <p>Turkey Sausage Pancake Wrap </p> <p>Chicken Pot Pie Steamed Corn Strawberry Cup</p>	<p>27</p> <p>Banana Chocolate Chip Muffin String Cheese</p> <p>Chicken Nuggets Dinner Roll Bean Salad Mandarin Oranges</p>	<p>28</p> <p>Cinnamon Bun</p> <p>Bean Tostada Spanish Rice Baby Carrots Peaches </p>	<p>29</p> <p>Assorted Cereal Graham Crackers</p> <p>Cheeseburger Oven Fries Applesauce </p>

ANNOUNCEMENTS

Daily Breakfast

Breakfast Special
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Daily Lunch

Lunch Special
Peanut Butter & Jelly Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk



We serve a pork-free menu

Tuesday, September 5th is
National Cheese Pizza Day!



MEAL PRICES

Osborn Students:

All at no cost

Adults/Visitors:

Breakfast \$2.75 Lunch \$4.75

Cash/Check Accepted

Please bear with us as we deal with supply chain issues. Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020