

Middle

September 2025



MON

TUE

WED

THU

FRI

1 **HAPPY LABOR DAY**

2 Fruit Smoothie
Graham Crackers

Breakfast for Lunch
Hashbrowns
Diced Pears

3 Zucchini Bread Muffin
String Cheese

Beef Hot Dog
Chili Green Beans
Mandarin Oranges

4 Biscuit Breakfast
Sandwich

Beef & Broccoli
Brown Rice
Mixed Fruit

5 Whole Grain Donut
Bites

Cheese Pizza
Baby Carrots
Diced Peaches

8 Homemade Egg &
Cheese Taco

Orange Chicken and Rice
Edamame Beans
Pineapple

9 Chocolate Strawberry
Overnight Oats

Chicken Alfredo Pasta
Broccoli
Mixed Fruit

10 Chocolate Cranberry
Muffin
String Cheese

Chicken Nuggets
Dinner Roll
Baby Carrots
Applesauce

11 Jalapeno Cheddar
Egg Bites

Bean and Cheese
Burrito
Elote
Diced Pears

12 Fruit Frudel

Chicken Patty Sandwich
Farmers Market
Bruschetta
Diced Peaches

15 Bagel & cream Cheese

Chicken Drumstick &
Waffle
Green Beans
Applesauce

16 Strawberry Yogurt
Parfait

Meatballs and Marinara
with Breadstick
Steamed Broccoli
Diced Peaches

17 Carrot Cake Muffin
String Cheese

Grilled Cheese and
Tomato Soup
Pineapple

18 Turkey Sausage
Pancake Wrap

Chili Cheese Nachos
Pinto Beans
Mixed Fruit

19 Snack N' Waffle

Baja Fish Sandwich
Potato Puffs
Diced Pears

22 Oatmeal Chocolate
Breakfast Bar

Pull Apart Breadsticks
with Marinara
Roasted Broccoli
Diced Peaches

23 Fruit Smoothie
Graham Crackers

Chicken Pot Pie
Baby Carrots
Mixed Fruit

24 Banana Chocolate Chip
Muffin
String Cheese

Chicken Tenders
Dinner Roll
Baked Beans
Mandarin Oranges

25 Turkey Sausage
Breakfast Burrito

Bean Tostada with
Spanish Rice
Calabacitas
Diced Pears

26 Whole Grain Donut
Bites

Cheeseburger
Oven Fries
Applesauce

29 Homemade Egg &
Cheese Taco

Beef Strips & Dinner Roll
Mashed Potatoes &
Gravy
Mixed Fruit

30 Blueberry Overnight Oats

Homemade Macaroni &
Cheese
Roasted Broccoli
Diced Pears

2025 Awardee
We're proud to share that Osborn School District has been named an America's Healthiest Schools awardee for the second year in a row! All six schools in the district earned a total of 26 awards this year, highlighting our commitment to healthy food, physical activity, and student well-being.



DAILY OPTIONS

Breakfast

Breakfast Special
Whole Grain Cereal
with Graham Crackers
Seasonal Whole Fresh Fruit
100% Fruit Juice
1% or Skim Milk

Rotating 3rd Entrée

Monday/Thursday
Turkey Ham and Cheese Sub
Tuesday/Friday
Chicken Ranch Wrap
Wednesday
Large Garden Salad with Chicken

Lunch

Lunch Special
Peanut Butter & Jelly
Sandwich*
SunButter & Jelly
Sandwich
Rotating 3rd Lunch Entrée
Seasonal Whole Fresh Fruit
Crispy Garden Salad
1% or Skim Milk

We serve a pork-free menu
Mixed Fruit is a combo of pears,
peaches, and pineapple.

We proudly source
Arizona-grown produce,
beef, and more. Look for
this label to spot local
items!

Vegetarian Fish Poultry Beef



September is...



Sept. 5th - National Cheese Pizza Day
Sept. 27th - National Chocolate Milk Day

MEAL PRICES

Osborn Students:

All complete meals at no cost
Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN
HERE!



Menu items may change due to
availability. This institution is an equal
opportunity provider. Questions?
Call the Child Nutrition Office
at 602-707-2020



@nutriliciousosborn